

Resource Coordination Counseling



Resource Coordination Counseling has two main parts: Access to resources and restoration of a person's resilience, sense of purpose, and healthy sense of self. If a person is not ready to take on resources because of mental blocks to action, such as from a life trauma and / or undergoing a difficult life transition, it is imperative to undergo counseling to achieve stability, a new perspective on life circumstances and a feeling of agency or way forward. Supervisor of Direct Service Kai Qualls leads the team of counselors at WRC. Through this fiscal year beginning July 1, WRC has helped 68 individual clients, with a waiting list of people wanting to have counseling. We have gained 12 new

clients over the past two months, and 28 clients have completed their counseling this fiscal year so far. Over 530 counseling sessions have been conducted since July 1. Resource Coordination Counseling has been called "transformative" by clients.

Girls Lead



The Girls Lead program held a resounding conference February 28 at West Chester University with the theme "Anything is Possible!" This year there are 13 schools and 14 total programs being conducted, with 240 girls participating. This number of girls represents a 50% increase over last year. The program works with facilitators to implement the Girls Lead curriculum in local middle schools and high schools teaching girls with untapped leadership potential skills in four main areas: decision making, conflict resolution, communication and problem solving. Several girls remarked on their progress in the program:

"I learned to speak up more and be assertive."

"I was really stressed because of a project, and I used my skills to take charge."

"Girls Lead helped me be more confident in myself."

"When there was a problem with me and my friend, I used my communication skills to clear it up."