



News from WRC

WRC Leadership Luncheon April 30 to feature Lisa Kohn!



APRIL 30th ~ 10:30 am - 1:00 pm

Our 2021 virtual Leadership Luncheon is thrilled to have **Lisa Kohn** as our Keynote Speaker. Lisa's story will inspire and surprise you!

"The best seats Lisa Kohn ever had at Madison Square Garden were at her mother's wedding, and the best cocaine she ever had was from her father's friend, the judge." This is how Lisa Kohn describes her childhood.

A cult survivor and author of the memoir, *to the moon and back: a childhood under the influence*, Kohn's early life was anything but ordinary. Now a leadership coach and mother, she has a compelling story. Join us on April 30th to hear about Lisa's extraordinary journey.

The first 100 people to register will receive a signed copy of *to the moon and back: a childhood under the influence*!

The event also features a delivered meal option and virtual networking by Remo.



[Learn more and Register for the 2021 virtual Leadership Luncheon with Lisa Kohn](#)

Do you need to call our Helpline?

Women Speak, our monthly television



interview show, answers questions about whom WRC helps and how we can help you. This month's interview features our Helpline Coordinator **Debbie Bell**. During the interview, Debbie provides our Helpline phone number, which is 701-314-HELP (4357) or via email info@womensrc.org. Please share this video with your friends and loved ones. Thank you to MLTV-Main Line Network and to Debbie Bell for its broadcast.

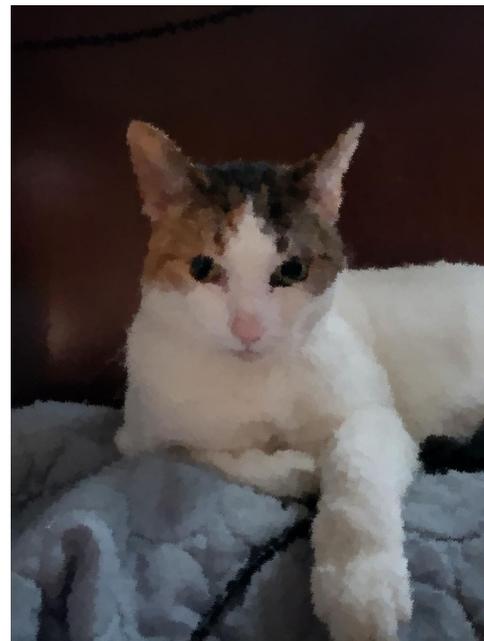
Women Speak answers questions about WRC's Helpline

Sassy's Blog

Sassy is short for Sassafras, the very astute cat of WRC's Clinical Director and Resource Coordination Counselor, **Kai Qualls, M.A., LPC**. Sassy's Blog has **RESILIENCE** as its theme. It's an important topic given the challenging times we are living through.

This month, Sassy's Blog talks about **The Answer to Busy-ness**. It is written by Clinical Director Kai Qualls.

Sassafras, aka Sassy



The Answer to Busy-ness

Debbie's Dispatch

During this health and safety crisis, it is important to have resources at your fingertips. WRC wants to add to your list by highlighting a resource selected by Helpline Coordinator **Debbie**

Bell in each newsletter.

Featured Resource of the Month

Benefits Data Trust

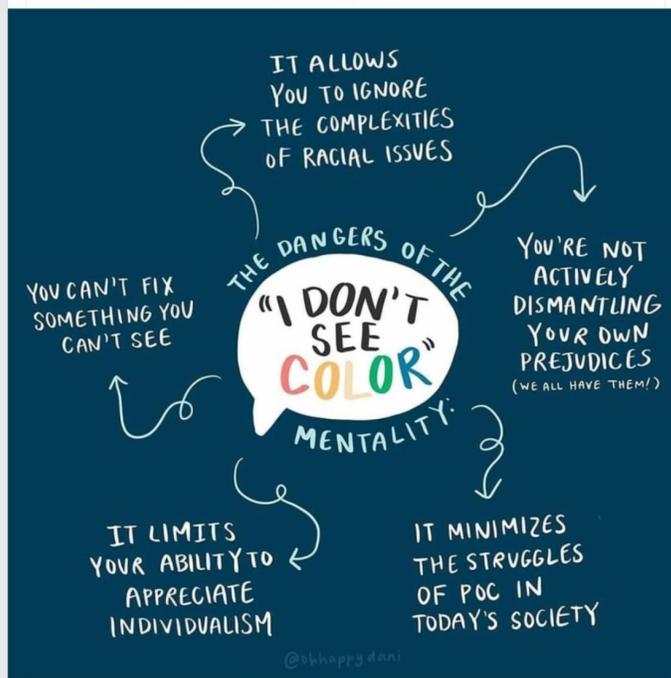
This is a very valuable resource in that it is a one-stop organization to get connected to many essential benefits and services throughout the state of Pennsylvania. Callers can be screened for eligibility on the spot. If you qualify, they will assist you to apply for the benefit or service, and then they will help you to follow up on the application process. I have found this organization to be very willing to help, always polite, and generally easy to get through to.



866-712-2060
www.bdtrust.org

Diversity Spotlight

<https://www.instagram.com/ohhappydani/>



WRC's Diversity, Equity and Inclusion Taskforce invites you to learn with us why color matters. You can learn more about how *Colorblind Ideology is a Form of Racism* in this **article** by Monnica T. Williams, PhD, published in Psychology Today.

WRC was recently invited to participate in a Community Resources Roundtable by the office of state Rep. Melissa Shusterman.

If you are new to WRC or want a short overview of what we do, this

excerpted **video** is for you! Thank you to Rep. Shusterman for the opportunity to get the word out about WRC.



HELPLINE

Knowing which resources are available to you during a life transition or crisis is important. WRC is here to help. You can reach our Helpline at 701-314-HELP



(4357) or email the Helpline for resources at info@womensrc.org. Helpline hours are **Monday through Thursday, 9:30am - 6:00pm** and **Friday, 9:30am - 3:30pm**.

