



News from WRC



WRC on TV!

Executive Director Cheryl Brubaker was honored to be interviewed with State Representative Melissa Shusterman in a recent edition of NBC10's Sunday program, @Issue. We

are grateful to Rep. Shusterman for sharing her past experience coming to WRC and to NBC10 for interviewing us. The program also outlined our community outreach services. To view the segment, please click below.

[NBC10 @Issue with WRC](#)

Hope is the special sauce of life. It is what causes us to persevere, even in

difficult circumstances. WRC is dedicated to sustaining hope for the courageous women who come to us.

Sustaining Hope

We invite you to see one client's story, that of Michelle.

As a nonprofit organization, WRC is grateful for your support that helps us reach out to more women like Michelle.

[Michelle's Story \(Video\)](#)

Debbie's Dispatch

During this health and safety crisis, it is important to have resources at your fingertips. WRC wants to add to your list by highlighting resources selected by Helpline Coordinator **Debbie Bell** in each newsletter.



Featured Resources of the Month

Mammogram screenings

Here are some resources for free mammogram screenings for women over 40 years of age that are uninsured or underinsured.

Delco Foundation 484-446-3641 - must be a Delco resident

ChesPenn Health Services 610-872-6131

Penn Medicine (five locations) contact Emily Verderame 215-454-3217

WOMEN'S WAY awards WRC with generous grant

WRC is grateful to be a recipient of a generous \$4,425 grant from the Immediate Response Action Fund of **WOMEN'S WAY**.

WRC will use the grant to bridge and bolster an infrastructure gap that

threatened to jeopardize WRC's outreach efforts to women in the community during the pandemic. For more information, please click on the press release below.



WOMEN'S WAY supports WRC's technology
infrastructure



welcomes Lydia Lawson, MFT

Lydia Lawson, MFT is a Marriage and Family Therapist who creates a warm and calm environment so that her clients can show up as their authentic selves and feel seen, heard, and understood. By using a strengths-based approach, her clients feel validated and that much more empowered to live and lead the lives they desire. Lydia believes healing

is a journey and is passionate about meeting her clients where they are along their journeys. She uses a creative and integrative approach to mix various therapeutic modalities such as Narrative Therapy, Mindfulness and Emotionally Focused Therapy. Welcome, Lydia, to our counseling team!

WRC is Hiring

WRC is hiring to meet the heightened need for our services in the community. We are seeking a Contract Resource Coordinator / Social Worker. Please refer to the Job Description [HERE](#).

HELPLINE

Knowing which resources are available to you during a life transition or crisis is important. WRC is here to help. You can reach our Helpline at 701-314-HELP

(4357) or email the Helpline for resources at info@womensrc.org. Helpline hours are **Monday through Thursday, 9:30am - 6:00pm** and **Friday, 9:30am - 3:30pm**.

