



From the WRC Porch

Women's Resource Center News and Events

WRC Joins with PECO in Bringing You a Virtual Career Event!

WRC and the Network of Exelon Women at PECO are hosting a Career Panel

“Getting Hired and Finding Success at a large company like PECO”

Wednesday, June 15, 2022

11:30am – 12:30pm

You are invited to attend!

PECO is not only an electric and natural gas distribution company, but also has roles in many administrative areas, such as Human Resources, Customer Service and Marketing. This panel of women who currently work for PECO will be sharing their experiences on how they learned about, applied for and became successful at their jobs at PECO.

The panel will be moderated by **Jennifer Lynn Robinson, Esq.**, CEO of Purposeful Networking, LLC. Attendees will have the opportunity to ask questions of the panelists. **The panel will be conducted via Zoom and there is no cost to attend.**

Please register in advance for this meeting by June 13. After registering, you will receive a confirmation email containing information about joining the meeting.

[**Register for PECO Career
Panel**](#)

Debbie's Dispatch

During the pandemic, it is important to have resources at your fingertips. WRC wants to add to your list by highlighting resources selected by Helpline Coordinator **Debbie Bell** in each newsletter.



Featured Resources of the Month

May is Mental Health Awareness Month

Many people in our community, of all ages are struggling with mental health issues. For some, connecting with mental health services can be a challenge. Many of the low-cost services are overwhelmed and have long waiting lists. I wanted to give you some resources that can be helpful while you are waiting to connect with professional services. **Please be clear that these resources are not counseling, and that if you need professional help you should continue to pursue that help.**

The **WARM LINE** is a free and anonymous service that offers a supportive, empathetic listener who has had training to be on the Warm Line. If you are feeling lonely, going through some challenges, feeling overwhelmed or just need someone to talk with, the Warm Line could be helpful to you. See the contact information below for your county.

Bucks County 215-896-9717

Chester County 866-846-2722

Delaware County 855-464-9342

Montgomery County 855-715-8255

Philadelphia County 855-507-9276 or 267-507-3945

Teen Talk Line 855-852-8336 or text 484-362-9515 - talk to someone your own age

New York City Multilingual Warm Line 888-692-9355

Diversity Spotlight

Asians represent 8% of WRC's client base and 6% of the local population. We commemorate Asian American Pacific Islander Heritage Month and also Mental Health Awareness Month, while reiterating our DEI commitment to inclusivity and alignment with our mission to help all women during times of transition.



To learn more about Asian Americans and Pacific Islanders, this **article** is very helpful.

Thank you to our DEI Taskforce Chair, Board member Bridgett



WRC's HELPLINE

Knowing which resources are available to you during a life transition or crisis is important. WRC is here to help. You can reach our Helpline at **701-314-HELP (4357)** or email the Helpline for resources at **info@womensrc.org**. Helpline hours are **Monday and Wednesday, 9:30am - 6:00pm** and **Tuesday, Thursday, and Friday, 9:30am - 3:30pm**.

