



The Buzz at Women's Resource Center



At the Project W awards ceremony: from left Lauren Sustersic the TCF representative for Project W, Kai Qualls and Megan Lydon from WRC and Margot Patterson, Chair of the Health Grant Committee of Project W

WRC was awarded a generous \$7,000 grant in October from [Project W](#), a local women's giving circle that is a program of The Community's Foundation, or TCF. Formed in 2019, Project W seeks to fund organizations helping women that have an impact in Delaware County, with a special interest in Health, Education and Family. WRC was awarded in the Health category. The grant award will go towards WRC's Resource Coordination Program, led by Kai Qualls. WRC's Resource Coordination is heavily used by the community. Most of WRC's clients are low-income, and many have no health insurance. The Resource Coordination Program mainly offers one on one counseling and case management, bringing women in crisis to a place of confidence and well-being.



Girls Lead Inspires

WRC's Girls Lead program seeks to instill confidence and improve life skills in middle and high school girls. One of the skills taught at the high school level is how to effectively give and receive feedback. Pictured are Girls Lead participants from Rustin High School in the process of incorporating this skill in their learning. Girls Lead now has 14 programs running in area middle and high schools!

WRC's Helpline is a Lifeline for Women in the Community

The phone number 610-687-6391 is a lifeline to many women in the community. The number reaches WRC's Helpline volunteers, who are trained in researching resources for those calling in. 82 helpline calls were made just last month. Among those calls, 70% were for legal assistance, 11% were for mental health resources, and 11% had housing needs. The remainder were for resources related to employment support, basic needs, domestic abuse, immigration challenges and elder care. Of the impact these resources had, one caller said, "I feel I have power over the situation now. Thank you."



[Donate to support WRC](#)

Do you feel that positive change is happening in your community by the stories you've read here? Please donate to allow WRC to continue its work helping local women and girls navigate life's transitions and meet life's challenges.

