

Stephanie McCullough Bio:

Stephanie McCullough is founder of Sofia Financial and co-host of the Take Back Retirement podcast. Her mission is to empower women to make wise financial decisions and reduce their money stress. She believes the traditional financial services industry is ill-equipped to handle women's particular challenges. She and her team provide non-judgmental, holistic financial planning as well as investment management, and are devoted to helping their clients build confidence, resilience and joy in their lives. It's not just about the money!

Stephanie frequently speaks to women's groups on topics like Money Survival Skills, Planning for Un-Retirement, The Human Side of Money, and [Creating a Workable Spending Plan](#). In 2020 she started a podcast, <http://www.takebackretirement.com/>. She has been a guest on several podcasts and featured in articles on [Forbes](#) and [Newsweek](#), among others. Passionate about getting more women into financial planning, she is a proud member of [Females & Finance](#) and is a [Purse Strings Approved Professional](#). She also has served on the Steering Committee for the [Women's Economic Security Initiative](#) of Women's Way.

Stephanie is married and has two kids in their 20's. She earned a Masters in International Economics from the Johns Hopkins School of Advanced International Studies and a bachelors from Duke University.