



From the WRC Porch Women's Resource Center News and Events

**GIVING
TUESDAY**

**Thank You For
Your Support
During Giving
Tuesday!**

Thank you to everyone
who supported WRC
during our Giving

Tuesday campaign! Your kindness helps us continue offering
resources and support to the women and families who rely on us.



FY24 Annual Report Want a Printed Copy?

Our FY24 Annual Report is available to be mailed upon request. If you would like a physical copy, email Leah Reagan, at leah@womensrc.org!

[View the FY24 Annual Report Here](#)



Thank You For Supporting PWAP!

We are so thankful for everyone who supported WRC's Party with a Purpose! We once again want to thank Board Members Rebecca Perkins and Kym Johnson for co-hosting a great event!

Thanks to your support, we raised over \$16,000 to keep providing vital services to the women and families who need us most.



Congratulations Mojdeh!

We're so proud of Dr. Mojdeh Keykhah, our Director of Development and Communications, who accepted the M. Jane Williams Professional Development Award at the 40th Annual National Philanthropy Day Celebration of the Association of Fundraising Professionals, Greater Philadelphia Chapter, in Philadelphia!

WRC Parenting Workshop



Looking to feel more confident in your parenting? Our 8-session online workshop starts Wednesday, January 14th from 6:30–8:00 PM, and it's a great way to learn helpful tools while connecting with other parents of kids 10 and under!

Each session includes easy-to-understand tips from WRC counselors, real-life examples, and plenty of time for questions and sharing what's worked (or hasn't!) at home. We'll cover things like communication, setting boundaries, navigating tricky behavior, and supporting emotional regulation.

The full workshop is \$200 and scholarships are available.

If you would like assistance with the workshop cost, please reach out to Kai (kai@womensrc.org) and inquire about our scholarship opportunities.

Questions, comments, concerns? Feel free to email Lori Benedict (loryn@womensrc.org), one of WRC's counselors who will be leading the sessions.

[Sign up here!](#)

[Click here for more information](#)



WRC's Financial Stability In-person Panel Event

A panel designed to help you move forward
with confidence.

February 21, 2026: 8:30 am - 12:30 pm

Trinity Presbyterian Church: 640 Berwyn Ave,
Berwyn, PA

WRC'S Financial Stability In-Person Panel Event February 21, 2026 8:30 am - 12:30 pm Trinity Presbyterian Church, Berwyn

On February 21, 2026, we're offering an in-person Financial Stability Panel with speakers spanning mortgage lending, financial planning, investing, and more!

Thank you to the Mental Health and Addictions Ministry (MHAM) of Trinity Presbyterian Church in Berwyn for hosting this WRC event for the third year in a row.

The event costs \$10 and scholarships are available.
Registration is open!

Reach out to Leah Reagan (leah@womensrc.org) to explore scholarship opportunities to help cover the cost.

**Register Here for WRC's Financial Stability In-Person
Panel Event**

Thank You to Our Recent Foundation Funders!

We are excited to announce that the Women's Resource Center has received generous grants from the the Charles M. and Joan R. Taylor Foundation, Inc., Quaker Houghton, the Hoxie Harrison Smith Foundation, the American Academy of Matrimonial Lawyers Foundation and The Neighborhood League Shops Foundation!

This vital programmatic support allows us to expand our programs, provide essential resources, and make an even greater impact in the lives of women across our community.

Thank you to the Charles M. and Joan R. Taylor Foundation, Inc.!

We are grateful to the Charles M. and Joan R. Taylor Foundation, Inc. for their generous \$25,000 grant supporting WRC's Girls Lead program. This grant, part of a multi-year investment in Girls Lead, allows us to reach more girls in more communities and continue strengthening this impactful program.

[Click here to read more about the Foundation's multi-year investment in Girls Lead](#)

Thank you, Quaker Houghton!



A huge thank you to Quaker Houghton for supporting our Counseling program with a grant contribution of \$9,000! Because of their support, our Counseling program can serve even more clients who rely on us.

Thank you, Hoxie Harrison Smith Foundation!

Another big thank you goes out to the Hoxie Harrison Smith Foundation for their grant of \$12,000 to support our Girls Lead program! Thank you for your continued generous support.

Thank you, AAML Foundation!



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We also want to thank the American Academy of Matrimonial Lawyers Foundation for their generous grant donation of \$6,000 to support our Family Law program! Due to their sustained support, WRC can continue to help our clients navigate the complicated family law system.

Thank you, Neighborhood League Shops Foundation!



We also want to thank the Neighborhood League Shops Foundation for their generous \$20,000 grant donation supporting our Information and Referral Helpline! Because of this donation, we can continue to provide support to those who need it most. Please consider shopping, consigning or donating your clothing and household items at **the Neighborhood League Shops of Wayne!**



Kai's Nuggets

Kai Qualls, LPC, CCATP, our Operations and Clinical Director at WRC is back with another "Nugget!" This month's nugget focuses on acceptance as a path to peace.

Kai notes, "Acceptance is a powerful way to bring internal peace because it lets you stop fighting battles you cannot win and let go of weight that is not yours to carry. Acceptance does not mean approval of a situation, and it does not mean you like what is happening. It simply means you are choosing to stop resisting reality long enough to breathe, think clearly, and move forward with intention.

When you accept something, you release the constant tension of wishing it were different and you create space for clarity, problem solving, and self compassion. This kind of acceptance can be grounding and calming, as long as you are not accepting abuse. (Those situations always require protection, boundaries, and support).

Acceptance is about finding peace inside yourself, regardless of the circumstance, and in that peace you build resilience as you learn to face life as it is and remain whole instead of suffering under the hope that reality will suddenly become more tolerable.

In the coming weeks, try practicing acceptance, even when it feels like the last thing you want to do, and see how much peace can open up for you even in the midst of a storm."



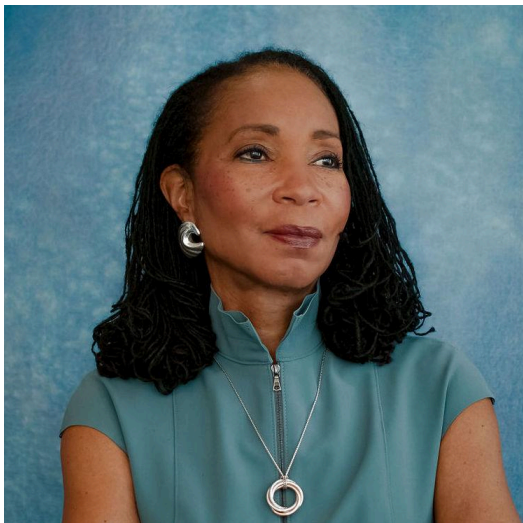
Haley's Helpful Hint

Our Helpline Coordinator Haley Wusinich shares another helpful hint this month. It's about a new shared housing program, called Gleeful Homes, which opened recently in Norristown! The program is open to a wide variety of people including those transiting from homelessness, individuals reentering society after incarceration, or anyone who is in need of a safe and stable housing.

To inquire about a room, call (267) - 225 - 6320. Beds start at \$850 a month with a \$300 nonrefundable fee.

[Click here for more information](#)

[Click here to view Gleeful Homes Website!](#)



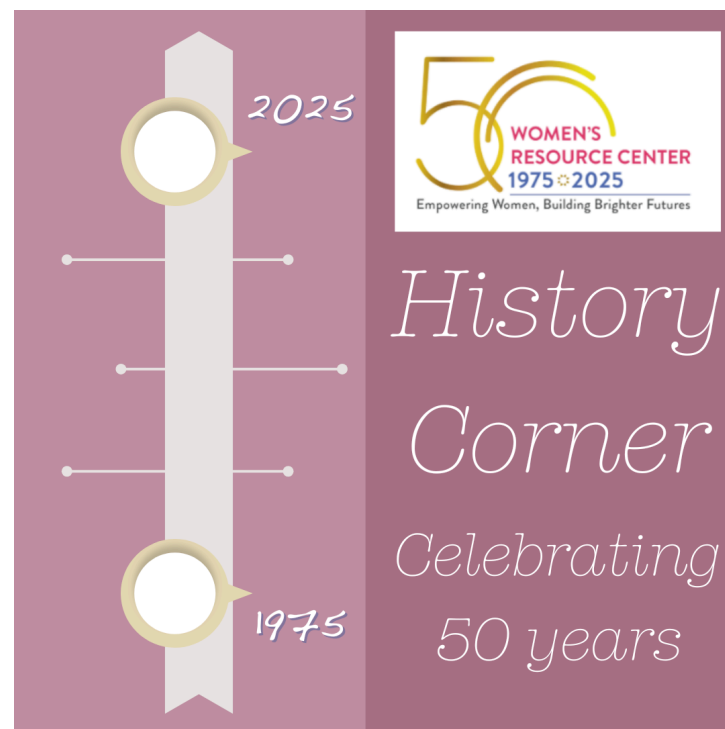
Diversity Spotlight

During National HIV/AIDS Awareness Month this December, we come together to learn, connect, and honor the history and progress made in the fight against HIV/AIDS. We reflect on the advocates, leaders, and storytellers whose voices have driven change and continue to strengthen care, support, and prevention efforts.

Dr. Helene Gayle is a prominent figure in the fight against HIV/Aids. Earning her BA in psychology from Barnard College, she went on to get both a doctoral degree from the University of Pennsylvania and a master's degree in public health from Johns Hopkins University.

After completing her education, Dr. Gayle began her career at the CDC in the Epidemiology Department, where she researched malnutrition, low birth weight, and childhood growth in both the U.S. and Africa. In 1987, she joined the CDC's AIDS Program and later served as chief of the HIV/AIDS Division for the U.S. Agency for International Development (USAID). She also worked as a health consultant for the World Health Organization and the United Nations AIDS Program.

In 1995, Dr. Gayle became director of the CDC's National Center for HIV, STD, and TB Prevention, where she played a key role in launching global HIV/AIDS initiatives. In 2001, she was appointed director of the Bill & Melinda Gates Foundation's HIV/AIDS and Tuberculosis Program, continuing her leadership in global health and prevention efforts (wimlf.org).



WRC's History Corner

In honor of our 50th anniversary, we are looking through the years to see the progression of WRC. From volunteers, to programs, to newsletters, we reflect on all of the ways WRC has shown up in and for the community since 1975.

With the holidays quickly approaching, we're reminded of the WRC's Annual December dinner, an important tradition for the WRC community in the past. Supporters could pick up WRC posters and calendars, which made thoughtful holiday gifts. It was a wonderful reminder of the joy that comes with giving during the holidays.

[Click here to read this historical WRC newsletter article](#)

Sharing Client Feedback Our Mission in Action

"Thank you so much for helping me through this. I didn't even know where to start."

- Counseling Client

Learn more about our Counseling Program by calling our Helpline at 701-314-HELP (4357) or by visiting our [website](#).

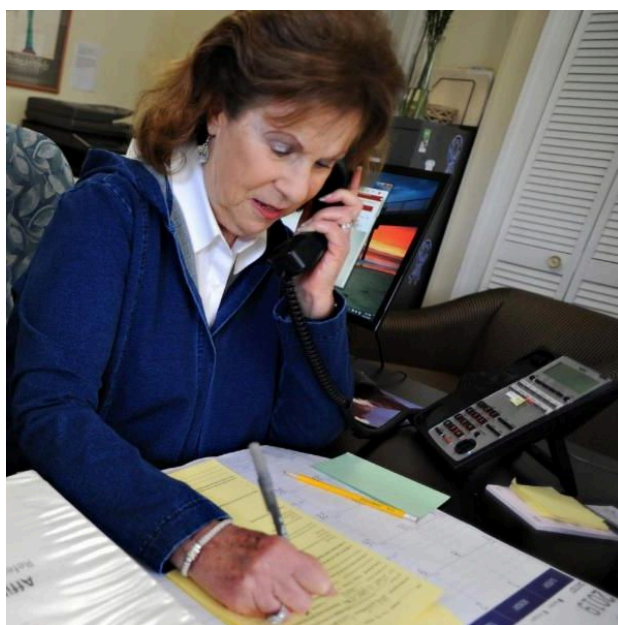


HAPPY HOLIDAYS

FROM WRC!



Empowering Women, Building Brighter Futures



WRC Helpline

Knowing which resources are available to you during a life transition or difficulty is important. WRC is here to help. You can reach us at **701-314-HELP (4357)** or email for resources at **info@womensrc.org**. Helpline hours are Monday, Thursday, and Friday, 9:30am - 3:30pm and Tuesday and Wednesday, 9:30am - 12:30pm.

WRC's Mission

The Women's Resource Center helps women and girls in the five counties of Greater Philadelphia successfully navigate life's transitions and inspire others to do the same. By providing resources, tools and support for today, we create hope for tomorrow.

Please consider a gift to WRC to help our programs continue to respond to the needs of women and girls in the community. Thank you!

Help WRC Change Lives with your Donation



Women's Resource Center | 113 W. Wayne Ave | Wayne, PA 19087 US

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